# OTDA GRANT

Mercer Area School District

#### GRANT RECIPIENTS: TRACY SEVIN, MICHELLE SANTOM, & JILL BELLO



# <u>WEEK OF WELLNESS</u>

#### NOVEMBER 14 -18, 2016

- Monday: Intro to Wellness Week: During an all school assembly (7<sup>th</sup> 12<sup>th</sup> grade) students were educated on OTDA and why its important to stay healthy and how that corresponds with OTDA. Introduced the Door decorating contest.
- <u>Tuesday: Professional Chef</u>: Invited a professional chef from a local culinary school to come into our school lunch periods. He made two different healthy options for students to taste test. Recipes were made available for students to take home and share with their parents.
- Wednesday: Ray Vollmer Cadaver Demo " Effects of healthy and unhealthy living on our organs" 1. healthy vs unhealthy lung (cigarette smoking) 2. fatty deposits in a kidney vs. healthy kidney ( type 2 diabetes) 3. enlarged heart and clogged heart vs. a healthy heart
- <u>Thursday: Blood Drive and Health Fair: Central Blood Bank hosted the blood drive. Health Fair (</u> <u>grades 8-9):</u> We had one of the highest blood collections in Mercer County for area school districts. The blood bank likes how we connect OTDA and a blood drive.
- Health Fair : had 8 different stations for the students to rotate around in the school gymnasium focusing on wellness with a constant reference to OTDA.
- <u>Friday</u>: Game Day: During lunch periods students could walk around and participate in games that Ms. Sevin's Anatomy students created. Students received tickets and at the end of the day during an all school assembly 6 gift baskets of healthy foods and items were given away.

### PICTURES FROM "WEEK OF WELLNESS" DOOR DECORATING CONTEST



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# WINNERS OF THE DOOR DECORATING CONTEST





### OTDA SYMPOSIUM APRIL 21 "BE A SUPER HERO"

**Schools Attending:** Grove City, Sharon, Mercer, and Reynolds

#### • Daily Agenda:

- 8:30am-8:45am: Registration/Sign in
- 8:45am-8:50am: Welcome and Light Breakfast (Muffins, juice, fruit)
- 8:50am-8:57am:
  "Ray of Hope" Video and Class Discussion
- 9:00am-9:25am: Katelynn Metz, Community Outreach Coordinator from CORE (Center for Organ Recovery and Education)
- 9:30am-10:30am: Dr. Ray Vollmer (Telecast from St. Louis University)
- 10:30-10:45am:
- 10:45-11:45am: Dr. Lisa Battat, Ophthalmologist (Cornea Surgeon)
- 12:00pm-12:30pm Lunch (Pizza, pretzels, fruit, pop, water)( Photo Booth)
- 12:30pm- 1:30pm Guest Speakers on donation
- 1:30pm-2:00pm: Wrap everything up and final thank you

Break

# OTDA SYMPOSIUM APRIL 21, 2017



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# SUGGESTIONS FOR SUCCESS

- Collaborate with other teachers in the school.
- Start small and grow.
- Be willing to adapt and change your original plans.
- When you get tired and want to stop pull up the "Ray of Hope" video on You Tube and watch over and over for motivation.
- There are a lot of people around you that are affected by organ and tissue donation; once you start the conversation you will be surprised how many people have been touched by this topic.
- Partnering the topic of OTDA with a school wide blood drive has been very successful.