

## Occupational and Physical Therapy Services

are related services that can be provided for students with disabilities in the school setting based on their individual needs. Needs are identified by members of the multidisciplinary team. School districts send referrals for evaluations to IU13. The therapists perform evaluations and observe students in the school environment and determine if the child needs additional related services to participate appropriately in the school environment.



### Contact Information

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Early Childhood and  
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## Occupational Therapy and Physical Therapy

In the School Setting



Serving School-Age Learners

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# Occupational Therapy and Physical Therapy

Occupational Therapy (OT) and Physical Therapy (PT) in the school setting focuses on supporting students and their teachers in maximizing student participation in their school environment, and in accessing academic curriculum and/or instruction.

Occupational Therapy and Physical Therapy can be direct services, integrative services, or consultative services that can be provided by licensed therapists to maximize student's performance.



## Skills that OT's can support in school based therapy include:

- Fine motor skills (holding writing utensils, manipulating school materials)
- Visual motor skills (cutting, writing)
- Visual perceptual skills (puzzles, identifying differences in shapes, letter alignment and size)
- Self-care skills (managing personal hygiene, eating)
- Sensory adaptations (assisting with self-regulation strategies)
- Evaluation and access to assistive technology
- Evaluation for use of Adaptive equipment and durable medical equipment



## Skills that PT's can support in school based therapy include:

- Gross motor skills (balance, coordination, motor planning)
- Safely moving around the educational environment (with or without assistive devices)
- Evaluation and access to assistive technology
- Evaluation for use of adaptive equipment and durable medical equipment
- Successful participation in physical education

