

HEART MAP - What Is Your Emotional Landscape?

Who can attend?	Students entering Grades 9 through 12 in Fall 2021
Date:	Wednesday, July 28, 2021
Online Instruction:	9:00 AM - 10:30 AM
Tuition:	\$20.00/student
Registration Deadline:	July 8, 2021
Group Limit:	30 campers - so register today!



What's in your heart? Love and despair, joy and sorrow? Learn how to put it on the page with an insightful technique that creates a map of every hill and valley of your emotional landscape. If you've ever looked at the map inside an epic fantasy novel, or played a role play adventure game, you've encountered a fanciful geography with details fitting the story. Do you remember the Pit of Despair and the Fire Swamp from *The Princess Bride*?

In this session you'll be drawing a map, using your own heart as a guide. What is your emotional landscape? With two handy lists of geographical and emotional vocabulary, you can mix and match to uncover your own inner world.

What you'll do in this workshop:

- ✦ Learn fundamental cartographic drawing with some easy exercises
- ✦ Assess your emotional landscape using the Guide to Emotional Place Names
- ✦ Draw your heart map, journal about your map, and share your insights with the group

Supplies & Materials:

- ✦ Paper, pen, and other art supplies you have on hand
- ✦ Guide to Emotional Place Names handout - provided by presenter

Presenter: Kristen McQuillin moved from Pennsylvania to Japan in 1998. She thought she would be staying for six months on a work assignment, but Japan was so interesting that she never left. After 22 years she is now a permanent resident and lives in the countryside along with her husband and four cats. She is an artist, designer, performer, technologist, entrepreneur, and educator. You can find her and her work online at www.mediatinker.com and www.drawingmeditations.com.

[Click here to register!](#)

Questions?

- Visit [IU13 Summer Enrichment Camps](#), email enrichment@iu13.org, or call IU13 Gifted Education and Enrichment Services: 717-606-1822

NOTICE: IU13 reserves the right to cancel this camp if there is inadequate enrollment. A full refund will be given.

Contact Information

Lancaster-Lebanon IU13
Janice Estabrook
(717)606-1732 • janice_estabrook@iu13.org

Summer
Enrichment
Camps | **iu13**