



## What is ATTEND Program?

The IU13 ATTEND program is a comprehensive, evidence-based program that assesses, identifies, and provides cognitive behavior therapy (CBT) supports for school-aged students (ages 5-21) with school refusal behaviors and related anxiety problems. The goal of the program is to work with students in combination with their families in order to address barriers to school attendance and increase the amount of time a student attends school.

## What is School Refusal Behavior (SRB)?

A student who demonstrates:

- Refusal to attend school
- Chronic tardiness
- Difficulty remaining in class the entire day
- Great distress when attending school

## Program Features:

- Psychological evaluation by a certified school psychologist to address underlying mental health condition(s)
- Functional behavioral assessment in the home and school settings to evaluate the environmental variable(s)
- Recommendations for a Positive Behavior Support Plan (PBSP) designed to address identified needs
- Assistance with the implementation of cognitive and behavioral strategies in the home and school
- Intensive collaboration between the ATTEND school team, the student's home district, and the family to identify and address student needs and cohesively implement the interventions

The reason(s) behind excessive absences vary greatly among children. Identifying and addressing the function for school refusal behaviors guides interventions. The ATTEND program:

- Identifies reasons for missing school
- Accesses resources to help students attend school regularly
- Helps to maintain regular school attendance
- Collaborates with students, families, and service provider personnel
- Aids in the efficient communication of information

### Contact:

Dr. Titina Brown, Supervisor  
titina\_brown@iu13.org  
(717)947-1323

