

## 2024-2025 SEE PROGRAM

### NONPUBLIC MIDDLE SCHOOL SEE SPRING SCHEDULE

#### IMPORTANT REMINDERS:

- ✓ ONLY schools that complete the online Teacher Interest Form by the stated deadlines will be included on the roster and notified as to how many students may attend. The link for this form is in the 2024-2025 Nonpublic SEE Seminars Schoology Group.
- ✓ Teams links for Online SEE seminars can be found in Resources in Schoology.
- ✓ When appropriate, 8<sup>th</sup> grade students are welcome to attend ONLINE high school seminars.
- ✓ Turn on NOTIFICATIONS in Schoology to receive important updates and communications.

#### **MS – Maple Sugaring (Online)**

Date: Wednesday, January 22, 2025

Seminar Time: 9:30 – 11:00AM

Location: Online via Teams

Presenter: Lisa Sanchez

Parent Registration Deadline: [Wednesday, January 15, 2025](#)

**Description of Seminar:** On a cold January morning, do you need an interesting reminder about why winter is such a great season? Here is your chance to learn more about an agriculture product that can only be “harvested” this time of year- maple sap. Naturalist, Lisa Sanchez, is going to walk us through the fine art of maple sap collection as well as the steps and science behind turning the sap into maple syrup. We will compare how the Native Americans did this relatively simple (but painstaking) process to how it is done at Lancaster County Central Park. We’ll also learn how agricultural systems make maple syrup a profitable product for the northeast United States. At this “sweet” SEE Seminar, you will experience the history, tapping, collecting, boiling, finishing, and candy-making stages of maple sugaring.

#### **MS – The Math and Emotions of Money (Online)**

Date: Wednesday, February 12, 2025

Seminar Time: 9:30 – 11:00AM

Location: Online via Teams

Presenter: Von Miller

Parent Registration Deadline: [Wednesday, February 5, 2025](#)

**Description of Seminar:** Money plays a role in every part of our lives. Although it cannot directly buy happiness, it can increase our options and open up more opportunities. When used wisely and given generously, it can enhance the lives of others in our families, communities, and the world. This course will explore the basic concepts of personal finance and investing. We will learn that young people have the greatest wealth-building tool there is: time. We will discover that both math and emotions play significant roles in determining our financial success and how our emotions often trick us into making poor money choices. We will discuss how good financial habits can be developed at any age and how those habits can lead us to great financial success.

## MS – Creative Dramatics: Thrive in New Ways (Face-to-Face)

Date: Tuesday, February 18, 2025

Seminar Time: 9:30 AM – 1:30 PM

Location: The Ware Center, 42 N. Prince Street, Lancaster, PA

Presenter: Barry Kornhauser

Participation Interest Form Due: Tuesday, January 14, 2025

Parent Registration Deadline: Tuesday, February 11, 2025

**Description of Seminar:** Calling those SEE students who want to tap into their love of theatre or reach outside their “comfort zone” to learn and grow creatively with others. Creative Dramatics uses natural dramatic impulse to facilitate learning in an unlimited number of areas – personal, social, and academic. Together, students will enjoy activities that allow for interactive exploration. By working together, this seminar will foster self-esteem, build communication skills, and allow for creative thinking. Classic problem-solving exercises will also promote empathy by letting students step into others' shoes. Best of all... it is FUN! Aristotle said, "Tell me and I will forget. Show me and I will remember. INVOLVE me and I will understand." In this seminar led by nationally renowned artist and playwright, Barry Kornhauser, students will be VERY involved while challenging themselves to grow and explore new concepts in new ways with new students.

## MS – Food, Nutrition, and Cooking

Date: Tuesday, April 8, 2025

Seminar Time: 9:30 – 11:00AM

Location: Online via Teams

Presenter: Ann Fulton & Emily Russo MS, RD, LDN, CDN

Parent Registration Deadline: Tuesday, April 1, 2025

**Description of Seminar:** There's more to food and nutrition than eating fruits and vegetables! How does what we eat impact how we perform at school, on stage, or on the athletic fields? How can we make food choices and assemble meals for ourselves, even if our parents are in charge of buying the food? And is it okay to enjoy sweets and treats? Recipe developer and author of [Fountainavenuekitchen.com](http://Fountainavenuekitchen.com), Ann Fulton will walk through the basics of recipe development and how to prepare some fun recipes for yourself and/or your family. This will include a step-by-step demonstration of a recipe. Emily Russo, Registered Dietitian, will leave you feeling confident around all kinds of foods, how to fuel your own body, and meet your unique nutrition needs. **Important note:** The majority of this session will be based on Q&A so come with questions! Topics that typically generate good discussion include: food trends, culinary skills, kitchen hacks (tips & tricks), diet culture, what does "healthy" mean?, navigating the cafeteria, how do I know if I'm eating enough or too much?, what is emotional eating?

### Contact:

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