

2026-2027 SEE PROGRAM

MIDDLE SCHOOL SEE SEMINAR SCHEDULE

IMPORTANT REMINDERS:

- ✓ ONLY districts that complete the online Teacher Interest Form by the stated deadlines will be included on the roster and notified as to how many students may attend. The link for this form is in the 2026-2027 SEE Seminars- Hybrid Membership Schoology Group.
- ✓ Teams links for Online SEE seminars can be found in Resources in Schoology.
- ✓ When appropriate, 8th grade students are welcome to attend ONLINE high school seminars.
- ✓ Turn on NOTIFICATIONS in Schoology to receive important updates and communications.

MS – Brain Power: Outsmarting Stress & Emotions (Online)

Date: Wednesday, September 23, 2026

Seminar Time: 9:30 – 11:00AM

Location: Online via Teams

Presenter: Dr. Nadine Garner

Parent Registration Deadline: [Wednesday, September 16, 2026](#)

Description of Seminar: Did you know your brain is constantly trying to protect you—even when life gets stressful, overwhelming, or just plain crazy? Your brain has an ancient emotional side and a modern thinking side, and learning how they work together can help you feel more in control. Join us for a mind-blowing journey into neuroscience as we explore how your brain works and discover ways to make it your greatest ally. You'll learn how to use your emotions to your advantage, handle stress, work with your brain instead of against it, and build habits that support happiness and mental well-being. Get ready to explore your brain, uncover some surprising science, and discover how to train your brain to help you thrive!

MS – What Does Freedom Mean to You? (Face-to-Face)

Date: Tuesday, October 6, 2026

Seminar Time: 9:30 AM– 1:30PM

Location: Thaddeus Stevens & Lydia Hamilton Smith Center for History and Democracy, 13-15 E Vine Street, Lancaster, PA

Presenter: Mabel Rosenheck and Starleisha Gingrich

Participation Interest Form Due: [Thursday, September 10, 2026](#)

Parent Registration Deadline: [Tuesday, September 29, 2026](#)

Description of Seminar: What does freedom mean to you? Discover the answer through an immersive experience at the Thaddeus Stevens & Lydia Hamilton Smith Center for History and Democracy. Explore the lives of Thaddeus Stevens—a lawyer, abolitionist, and influential Congressman—and Lydia Hamilton Smith, a successful businesswoman whose story reveals the important contributions of Black Americans in Lancaster's history. Become a historical detective as you examine primary and secondary sources to uncover the story of a real person from Lancaster's past. Then bring history to life by participating in an interactive GooseChase scavenger hunt, presenting a speech in a historic location, and exploring museum exhibits that connect local history to the larger themes of freedom, equality, and democracy in America. You'll leave with a deeper understanding of how the past shapes the present—and a chance to reflect on what freedom means to you today.

MS – Fraktur Birds (Face-to-Face- CHOOSE ONE)

Date: **Option 1:** Wednesday, November 4, 2026 | **Option 2:** Thursday, January 7, 2026

Seminar Time: 9:30 AM – 1:30 PM

Location: Lancaster-Lebanon IU13, Burle Business Park, 1020 New Holland Avenue, Lancaster, PA

Presenter: Emily Smucker-Beidler

Participation Interest Form Due: **Option 1:** Thursday, September 10, 2026 | **Option 2:** Tuesday, November 17, 2026

Parent Registration Deadline: **Option 1:** October 28, 2026 | **Option 2:** December 31, 2026

Description of Seminar: Step back in time and discover the colorful world of **Pennsylvania German Fraktur**, one of America's earliest folk art traditions! Explore what life was like in Lancaster County during the 1700s, including the unique environment and some of the fascinating birds that inspired these beautiful works of art. You'll be amazed to learn how Fraktur can still be found throughout Lancaster County today! Then, become a Fraktur artist yourself! Using pen and ink, watercolors, and light boards, you'll learn simple techniques for creating your own whimsical Fraktur-style bird and adapting patterns from authentic historic designs. By the end of the seminar, you'll have a one-of-a-kind folk art masterpiece to take home and a new appreciation for this special part of Pennsylvania's history.

MS – Playlist Poetry (Online)

Date: Tuesday, December 8, 2025

Seminar Time: 9:30 AM – 11:00 AM

Location: Online via Teams

Presenter: Dana Kinsey

Parent Registration Deadline: **Tuesday, December 1, 2026**

Description of Seminar: In Playlist Poetry, you'll use your own music apps or preferences to create poetry that pays homage to the musical artists you love. You'll draw inspiration from song titles, lyrics, and hooks. If you love music and want to test your ekphrastic imagination, this is the class for you. You can walk away with a new poem to cherish as your own, share as a unique gift, or submit for publication in a journal. Pop in your earbuds, and get ready to write!

MS – Theatre in the Box: Exploring Virtual Theatre Making using the Viewpoints Technique (Online)

Date: Tuesday, January 26, 2027

Seminar Time: 9:30 AM- 11:00 AM

Location: Online via Teams

Presenter: Renee Morth

Parent Registration Deadline: **Tuesday, January 19, 2027**

Description of Seminar: How can theatre be reimagined when the stage exists entirely in a virtual space? Actors are often told to think “outside the box”, but what happens when they are asked to create “in the box” (the box being the computer screen)? Using activities inspired by Viewpoints training, participants will experiment with how performers can connect and tell stories within a digital performance environment. They will investigate concepts such as space, time, movement, gesture, repetition and relationship through solo and collaborative exercises. Informed by an “ingredients” list, participants will combine movement, images, sound and text to create original theatre compositions emphasizing creativity, observation and ensemble awareness. This workshop will encourage students to think critically about contemporary performance, while strengthening their confidence, collaboration and artistic expression. Limitations can provide the greatest opportunity for innovation. What theatre will you devise “in the box”?

MS – Anatomy of the Human Brain (Online)

Date: Tuesday, February 16, 2027

Seminar Time: 9:30 AM- 10:30 AM

Location: Online via ZOOM (registration will be capped at 50 students. Please register early to secure your spot).

Presenter: Kelsey Forsythe

Parent Registration Deadline: Tuesday, February 9, 2027

Description of Seminar: Are you interested in understanding how the human brain works? Ever wonder what a human brain looks like? AIMS instructor, Kelsey Forsythe uses a high-definition camera system to allow students to see a variety of human brains from cadavers. A discussion of the human nervous system will be presented by Kelsey using human cadaver specimens to demonstrate nervous system anatomy and physiology. Pathological specimens will be shown to illustrate various clinical problems including meningiomas, hydrocephalus and stroke.

The following topics may be covered:

- Review of the basic structure of the brain using plastic models, specimens or diagrams
- The location of the brain and its three main parts
- Neurons
- Discussion of the anatomy of the brain and nervous system using human brain specimens
- The four lobes of the brain
- The two types of brain tissue
- Discussion of neurological disorders and treatments

MS – Duck, Call, Build! A Waterfowl Adventure at Middle Creek (Face-to-Face)

Date: Tuesday, March 9, 2027

Seminar Time: 9:30 AM – 1:30 PM

Location: Middle Creek Wildlife Management, 100 Museum Rd, Stevens, PA 17578

Presenter: Matt Kneisley

Participation Interest Form Due: Monday, January 18, 2027

Parent Registration Deadline: March 2, 2027

Description of Seminar: Dive into the fascinating world of ducks, geese, and wetlands with Delta Waterfowl! Through a variety of hands-on activity stations, you'll discover why waterfowl and their habitats are so important while learning how conservationists help protect them. Paint your own Canada goose silhouette, practice using a real duck call to sound like different species, and become a wildlife detective by identifying ducks using decoys and field guides. You'll also have the exciting opportunity to help build a wood duck nesting box using real tools. These nesting boxes will later be installed in Lancaster County to provide safe homes for local wood ducks, making you part of a real conservation project! We'll wrap up the day with a short nature walk to observe wildlife and explore the habitats that waterfowl depend on, giving you a chance to see conservation in action.

MS – Wilderness Survival Challenge (Face-to-Face)

Date: Monday, April 1, 2027

Seminar Time: 9:30 AM – 1:30 PM

Location: Lancaster County Central Park, Environmental Center, One Nature's Way, Lancaster, PA

Presenter: Katie Kruza

Participation Interest Form Due: Monday, January 18, 2027

Parent Registration Deadline: Thursday, March 25, 2027

Description of Seminar: Could you survive in the wild? Spend the day in the park learning the essential skills needed to survive in the forests of Lancaster and Lebanon counties. Discover how to find food and water, build a shelter, start a fire safely, and identify plants and insects that are safe to eat in a survival situation.

Work together to build a shelter, practice safe fire-starting techniques, and gather around a group campfire to discuss fire safety while enjoying a tasty treat. You'll also explore a creek to investigate aquatic life and learn methods for purifying water. Throughout the day, you'll strengthen your teamwork, problem-solving, and collaboration skills as you tackle real-world survival challenges.

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